



APPROVED SNACK LIST

Last Updated: 11/28/12

Fruits & Vegetables

- All fresh fruit and vegetables
- Dole Fruit Bowls
- Del Monte Fruit To-Go Cups
- Sun-Maid Raisins (not chocolate covered)
- Applesauce cups
- Mott's Fruit Blasters Applesauce Tubes
- Carrots with Dip
- Celery Sticks with Cream Cheese or Dip

Gummy Snacks

No Brach's. Stick with only Betty Crocker or Nabisco Fruit Snacks.

- Fruit Roll-Ups
- Fruit By the Foot
- Gushers
- Shark Bites
- Fun Fruits
- Scooby Doo Fruit Snacks
- Trix Fruit Snacks
- Hi-C Fruit Snacks
- Pokemon Fruit Snacks

Cookies/Granola Bars

- Nilla Wafers
- Oreos and Mini Oreos (not mint-creme)
- Chips-a-Hoy (not minis)
- Bisco Wafers
- Teddy Grahams
- Pepperidge Farm – Milano, Chessmen, Shortbread and Sugar Cookies
- Keebler – Butter Cookies, Grasshopper Cookies
- Nabisco – Barnum Animal Crackers, Oatmeal and Iced Oatmeal Cookies, Cameo Cookies, Fig Newtons, Kool Stuff, Strawberry Seas Bars
- Hostess Ho-Ho's and Twinkies
- Rice Krispie Treats (plain only)
- Nutri-Grain Apple Cinnamon / Brown Sugar Twists

Salty Snacks & Crackers

- Rold Gold Pretzels
- Snyder's of Hanover
- Ruffles Potato Chips
- Lays Potato Chips
- Fritos
- Doritos (not crackers)
- Cheetos
- Tostitos
- Pringles (original only)
- Popcorn – Pop Secret, Orville Redenbacher, Healthy Choice
- Honey Maid – Cinnamon Grahams & Sticks
- Honey Grahams & Sticks

- Ritz Crackers (plain only, not sandwiches)
- Keebler Club Crackers (original only, not sandwiches)
- Nabisco Saltines
- Triscuits
- Wheat Thins
- Pepperidge Farm Cheddar Goldfish (only plain, pretzel or cheddar) (No Cinnamon Grahams)
- Sargento – Mootown Crackers & Cheese Dip
- Keebler Town House Crackers
- Sportz Cheddar Crackers
- Kraft Handi-Snacks Cinnamon Graham Crackers w/Applesauce Dip
- Kraft Handi-Snacks Crackers with Cheese Dip

Jellos & Puddings

- Hershey Chocolate Pudding Tubes
- Kraft Handi-Snacks – Wacky Gels, Vanilla & Chocolate Pudding
- Hunts – Juicy Gels, Vanilla & Chocolate & Oreo Pudding
- Dole Fruit-n-Gel Bowls
- Delmonte Fruit & Gel To-Go Bowls

Frozen Treats

- Minute Maid – Juice Bars, Fruit & Cream Swirls
- Frozen Lemonade
- Good Humor – Fudgesicles
- Popsicles, Fire Crackers, Great Whites, MicroPops and Scribblers
- Nestle – Itzakadooziies, Ice Screamers Flintstones Rainbow Sherbert Treats & Juicy • Juice Frozen Juice Pops
- Lick-A-Colors
- Tropicana Fruit Juice Bars
- Welch's Fruit Juice Popsicles
- ICEE Frozen Treats

Miscellaneous

- Cheese
- Yogurt (not soy brands) – Gogurt, Danimals, etc.
- T. Mazettis Caramel Apple Dip (with apples)
- Pizza – Papa Johns, Dominoes, Pizza Hut

Allergy Alert!

Central Co-Op is a peanut/nut free school.

Please Note: Due to continual changes in manufacturer packaging and processing, please read the ingredient label of your snack chosen from this list to ensure that it does not contain any of the following: peanuts/nuts, peanut/nut butter, peanut/nut oil, peanut/nut flour, peanut/nut meal, or any of the statements "May contain traces of a peanut/nuts" or "Manufactured in a facility that also processes peanuts (and/or other nuts)".

